

# FOR WOMEN, BY WOMEN

## INTRODUCTION TO HANDGUN SHOOTING AND OWNERSHIP

Venturing into the world of handguns can be intimidating to ANY new shooter. But in most training programs the language, training styles and resources available are primarily developed with men in mind. For many women this results in a classroom and range training atmosphere that doesn't fit their needs.

In this class we aim to help our female students learn how to safely and confidently handle a firearm, while addressing the unique challenges women may face while learning to shoot.

In the classroom portion of the class, students learn the basics of handguns including the hows and whys of handgun functions. In the live fire portion of the class, students will have the opportunity to shoot semi-automatic handguns in .22, 380, 9mm and 45 calibers as well as revolvers in .22 and 38 calibers. Students may also bring their own handgun for individual coaching.

This class consists of 5 hours of instructions, including both classroom time and live fire on the range.

### Classroom Topics include:

#### Handgun Safety

- WHY should you know how to use a handgun?
- The 4 universal gun safety rules
- Safe handling of handguns
- Safely storing & transporting a handgun

#### Handgun Shooting Basics

- Revolver, semi-automatic...What's the difference & which is for you?
- Grip, stance, trigger control and many more shooting fundamentals
- Personal protective gear

#### Other Things To Consider

- Selecting and purchasing a firearm
- Going to a range, what to expect
- Importance of practice
- Legal ramifications

**Class Tuition: \$180**

No Refunds within 7 days of class (Reschedule possible)

Class Date & Time: \_\_\_\_\_

Student Name: \_\_\_\_\_

Student Phone: \_\_\_\_\_

#### -Your Instructors:

Janet Norris & Kriss Costa are handgun instructors certified by United States Concealed Carry Association (USCCA), National Rifle Association (NRA) & The Well Armed Woman (TAWW). They are also NRA Chief Range Safety Officers and chapter leaders for the Hollister Chapter of TAWW. Janet & Kriss truly enjoy introducing new shooters to the world of firearms.